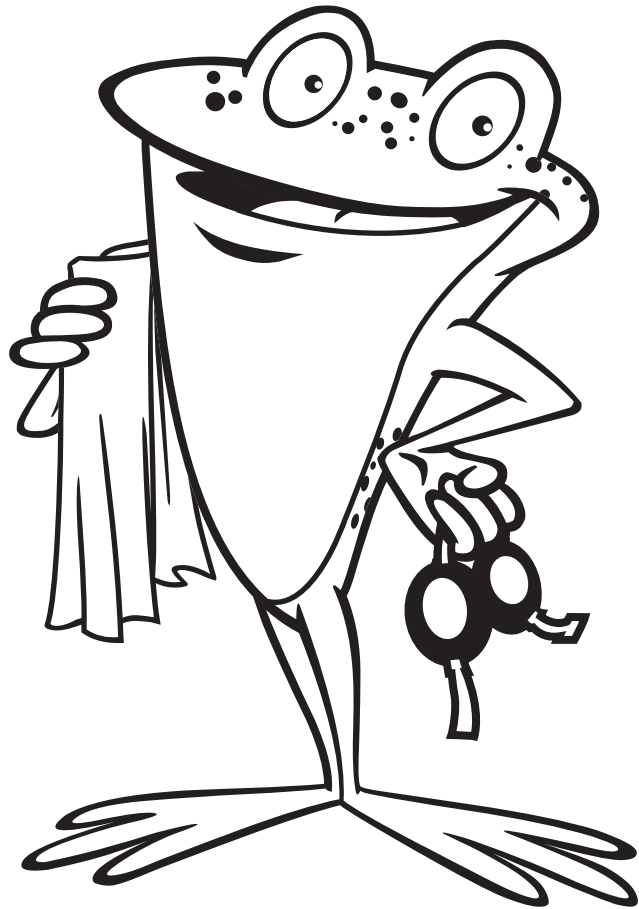
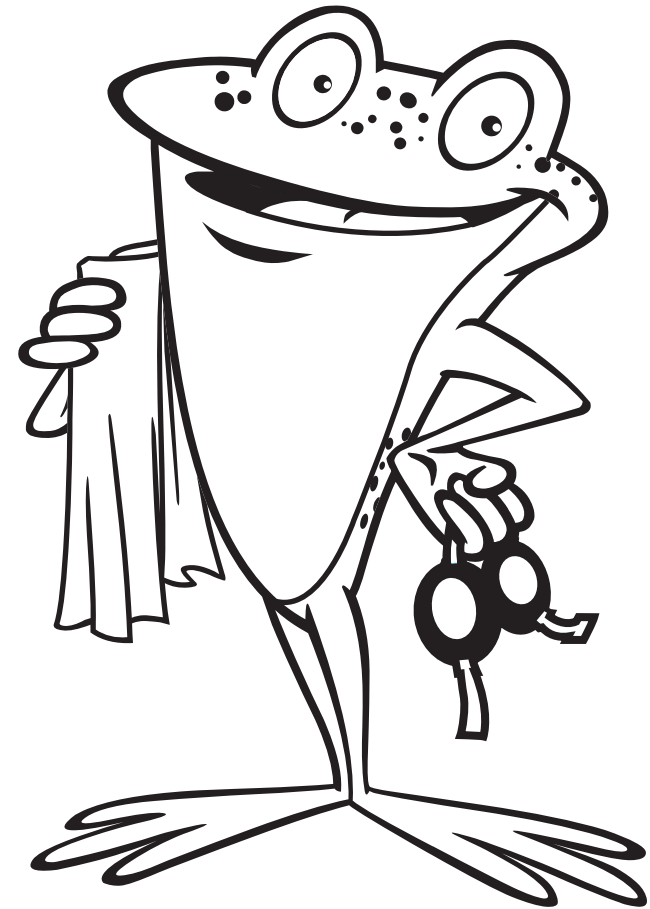


Program Timetable



For more information please contact Reception on 9980 7822.

Program Timetable



For more information please contact Reception on 9980 7822.

GOLD, SILVER, BRONZE, BRONZE TRANSITION & DEVELOPMENT SQUADS

GOLD SQUAD						
SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	5.00 - 7.00 C	5.00 - 7.00 O		5.00 - 7.00 C	5.00 - 7.00 O	5.30 - 8.00 O
PM	5.00 - 6.45 O	5.00 - 7.00 O	6.00 - 7.30 C	5.00 - 7.00 O	5.00 - 7.00 O	

SILVER SQUAD						
SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	5.00 - 7.00 O	5.00 - 7.00 C		5.00 - 7.00 O	5.00 - 7.00 C	6.00 - 8.00 C
PM	5.45 - 7.30 C	5.45 - 7.30 C	5.00 - 7.00 O	5.45 - 7.30 C	5.00 - 7.00 O	

BRONZE SQUAD						
SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	5.30 - 7.00 C	5.30 - 7.00 C		5.30 - 7.00 C	5.30 - 7.00 C	6.00 - 8.00 C
PM	6.00 - 7.30 C	6.00 - 7.30 C	5.45 - 7.15 C	4.30 - 6.00 O	5.45 - 7.00 C	

BRONZE TRANSITION SQUAD						
SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	5.30 - 7.00 C					
PM					5.45 - 7.00 C	

DEVELOPMENT SQUAD						
SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM						8.00 - 9.15 C
PM	4.45 - 6.00 C		4.45 - 6.00 C			

C = Cherrybrook O = Oakhill

GOLD, SILVER, BRONZE, BRONZE TRANSITION & DEVELOPMENT SQUADS

GOLD SQUAD						
SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	5.00 - 7.00 C	5.00 - 7.00 O		5.00 - 7.00 C	5.00 - 7.00 O	5.30 - 8.00 O
PM	5.00 - 6.45 O	5.00 - 7.00 O	6.00 - 7.30 C	5.00 - 7.00 O	5.00 - 7.00 O	

SILVER SQUAD						
SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	5.00 - 7.00 O	5.00 - 7.00 C		5.00 - 7.00 O	5.00 - 7.00 C	6.00 - 8.00 C
PM	5.45 - 7.30 C	5.45 - 7.30 C	5.00 - 7.00 O	5.45 - 7.30 C	5.00 - 7.00 O	

BRONZE SQUAD						
SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	5.30 - 7.00 C	5.30 - 7.00 C		5.30 - 7.00 C	5.30 - 7.00 C	6.00 - 8.00 C
PM	6.00 - 7.30 C	6.00 - 7.30 C	5.45 - 7.15 C	4.30 - 6.00 O	5.45 - 7.00 C	

BRONZE TRANSITION SQUAD						
SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM	5.30 - 7.00 C					
PM					5.45 - 7.00 C	

DEVELOPMENT SQUAD						
SESSION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AM						8.00 - 9.15 C
PM	4.45 - 6.00 C		4.45 - 6.00 C			

C = Cherrybrook O = Oakhill