

Feel Safe at Swimming

01 Safety

- No one can do or say things that make you feel unsafe.

02 Privacy

- No one is allowed to touch you or take photos of your body in a way that makes you embarrassed, upset or frightened.
- No one can share information about you without permission from a person who cares for you (like your parents).

03 Respect

- Your needs and feelings are acknowledged and respected.
- No matter who you are, your ability, or where you are from you, you are treated with same level of care.

04 A Voice

- You are asked about things that matter to you and have a say in what you do.
- Adults listen to you and take what you say seriously.
- You know who to talk to if you feel unsafe, upset, worried or are hurt by another person.

Safe Touching

These **RED** areas are private, and should not be touched at swimming.



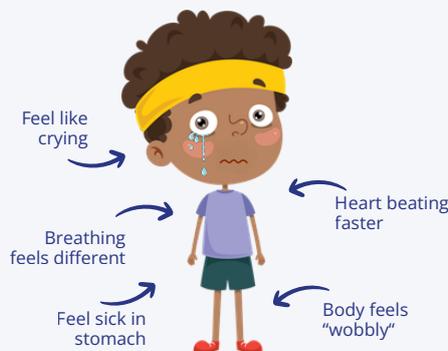
Preschool



School Age

When To Speak Up

Your body tells you when something doesn't feel right or safe.



Who Do You Speak To?

If you are worried because of how someone is acting, please tell a trusted grown-up like a member of the **Carlile Swim team**.

